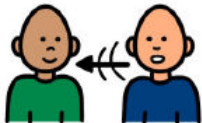


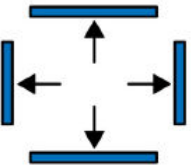






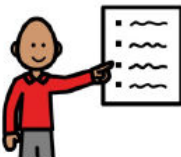


ADULTING

Adults are expected to do the following...

<p>use nice words</p> 	<p>do kind things</p> 	<p>listen</p> 	<p>tell the truth</p> 
<p>have boundaries</p> 	<p>do things for myself or ask for help when needed</p> 	<p>take turns/compromise</p> 	<p>be dependable</p> 
<p>have good hygiene</p> 	<p>be polite and have good manners</p> 	<p>be responsible</p> 	<p>follow rules</p> 

Being an adult is not easy!
It takes practice to master the skills to be an adult.
It is ok to ask for help so that you can be the best adult you can be!