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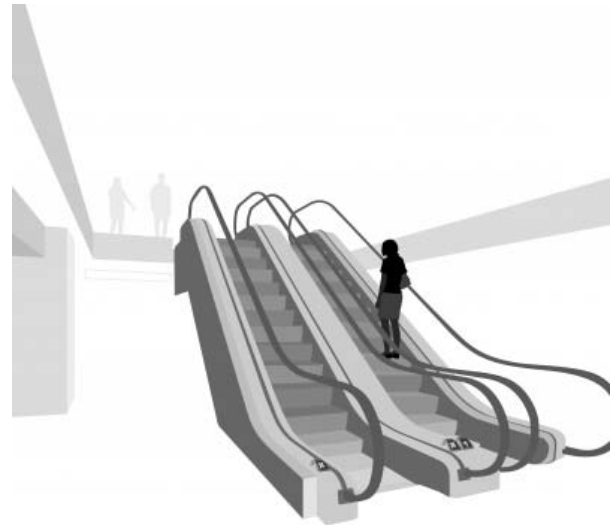
DOWN SYNDROME PROGRAM
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How to Be Safe Around Strangers





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It can be exciting to visit new places by myself or with my friends or family. When I go out in public, I have to be careful around strangers.

Strangers are people I do not know or who I have not met. They are different from my friends who I know from school, work or other activities.



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I trust my friends because I know them well. They know me well too. I have watched my friends be kind to me when we spend time together.



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When I go out in public, I see many strangers around me. Most strangers are nice, but sometimes, there are strangers I should be careful around.



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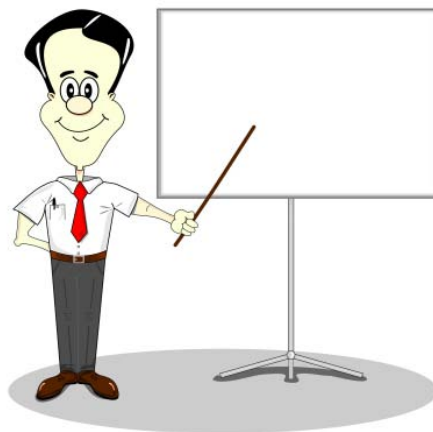
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If I meet a stranger who is not nice, I need to know what to do and who to ask for help.

I can ask these people for help:

- My friends and family
- Police officers
- My teachers
- My librarian

If I stay close to my friends and family when I am in public, I do not have to worry much about strangers who are not nice.





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If I am alone and a stranger offers me a ride in their car or wants to take me somewhere, I have to say “No” and run away very fast. I should tell an adult I trust so they can help me.

If a stranger asks me to do something that is not my job, I should say “No” right away and tell an adult I trust. I should also say “No” if a stranger offers me free things, like food.



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Being in public is not dangerous because of strangers. I just need to know who is a stranger and who is my friend or family member.



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Down Syndrome Program

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For more information please call

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