

Using Public Transportation on My Own





Public transportation means subways, trains or buses. Using them by myself can seem scary at first. But, with enough time and practice, I think I could do it!



To plan trips, I should use a route map and a schedule of the subway, train or bus times.

I should ride the train with a friend or family member until I feel okay traveling by myself.

This is a good time for me to learn where to pay for or buy a ticket for my ride.

I am going to _____

My trip will cost me _____

I will pay for my trip with _____





I should leave some extra time in case there is a delay or I miss my stop.

My trip will take _____

I need to leave at _____



After taking my trip a few times, I should take my trip again with my friend or family member. Only this time, I should not ask my friend or family member any questions. This can help me learn my route by myself.

If I miss my stop or make a mistake, I need to stay calm.

I can ask the subway, train or bus driver how to get where I need to go.

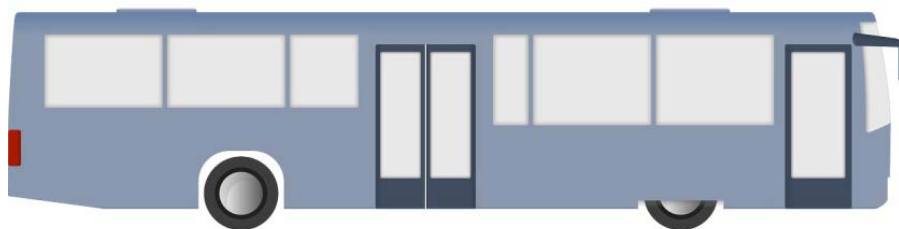
I can also call _____

at _____.



If I ever need help with directions, here are some people who can help me:

- The subway or bus driver
- The train conductor
- Police officers
- A friend or family member





On some public transportation, I need to make sure I request my stop when I am almost there. I can use a button on the wall, pull a cord or ask the driver.



I should remember to always follow the safety rules, like standing behind the safety line at the subway or train station or holding onto a pole or strap on the subway, bus or train.



It is a good idea to pay attention when I travel by myself at first. This can help me learn my route and keep track of where I am.

When I know my route really well and feel comfortable, I can bring something to do, like listen to music or read a book. Most subways, trains and buses are quiet. People don't talk very often.

There are also a few things I should have when I am by myself.
These things include:

- My cell phone
- My ID card
- Cash
- My house keys
- A drink and a snack



After I practice, practice, practice, I am ready to travel on public transportation on my own!



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